

**WHAT IS CLAIMED IS:**

1. A treadmill comprising:
- (a) a support frame having a base;
  - (b) a motor frame pivotally attached to the support frame at along a first pivot line;
  - 5 (c) a base frame having a support bed, the base frame being pivotally attached to the motor frame at along a second pivot line spaced from the first pivot line; and
  - (d) an elevation motor having an extension arm, the elevation motor being attached to the motor frame and to the base of the support frame,
  - 10 wherein as the extension arm extends, an incline of the support bed of the base frame changes.
2. The treadmill of Claim 1, wherein the base frame pivots from an unfolded configuration to a folded configuration about the second pivot line.
3. The treadmill of Claim 2, further comprising a pivot spring located along the second pivot line, and wherein the pivot spring is loaded when the base frame is in the unfolded configuration.
- 15 4. The treadmill of Claim 2, further comprising a damper attached at a first end to the base frame and at a second end to the base of the support frame, wherein the damper resists a downward force when the base frame is being lowered from the folded configuration.
- 20 5. The treadmill of Claim 2, wherein the base of the support frame has a front end and a rear end, the base further comprising at least one wheel located at the rear end of the base support.

6. The treadmill of Claim 5, wherein the at least one wheel is raised above a bottom surface of the base of the support frame.
7. The treadmill of Claim 2, wherein the base frame further comprises a means for securing the base frame.
- 5 8. The treadmill of Claim 7, wherein the means for securing the base frame comprises a hook to engage the support frame.
9. The treadmill of Claim 1, wherein the motor frame has a front end and a rear end, the first pivot line being at the front end of the motor frame, and the second pivot line being at the rear end of the motor frame.
- 10 10. A treadmill comprising:
- (a) a support frame having a base;
  - (b) a motor frame attached to the support frame along a first pivot line;
  - and
  - (c) a base frame attached to the motor frame, the base frame having:
    - 15 (i) a roller mounted on an axle, the axle being seated in at least one bushing and including a threaded recess,
    - (ii) a threaded fastener extending through the bushing into the threaded recess of the axle, the threaded fastener being adapted to adjust the position of the roller by engaging with the threaded recess of the axle,
    - 20 (iii) a support bed, and
    - (iv) a belt extending over the support bed and adapted to be driven by the roller.

11. The treadmill of Claim 10, further comprising a drive motor attached to the motor frame, the drive motor being adapted to drive the roller.
12. The treadmill of Claim 11, wherein the drive motor is adapted to drive the roller via a belt.
- 5 13. The treadmill of Claim 12, wherein the axle is seated in a second bushing, and the belt urges the axle into the second bushing.
14. The treadmill of Claim 10, wherein the base frame pivots from an unfolded configuration to a folded configuration about the first pivot line.
15. The treadmill of Claim 10, wherein the base frame is pivotally attached to the motor frame along a second pivot line spaced from the first pivot line.
- 10 16. The treadmill of Claim 15, wherein the base frame pivots from an unfolded configuration to a folded configuration about the second pivot line.
17. The treadmill of Claim 16, further comprising a pivot spring located along the second pivot line, and wherein the pivot spring is loaded when the base frame is in the unfolded configuration.
- 15 18. The treadmill of Claim 16, further comprising a damper attached at a first end to the base frame and at a second end to the base of the support frame, wherein the damper resists a downward force when the base frame is being lowered from the folded configuration.
- 20 19. The treadmill of Claim 16, wherein the base of the support frame has a front end and a rear end, the base further comprising at least one wheel located at the rear end of the base support.
20. The treadmill of Claim 19, wherein the at least one wheel is raised above a bottom surface of the base of the support frame.

21. The treadmill of Claim 16, wherein the base frame further comprises a means for securing the base frame.
22. The treadmill of Claim 21, wherein the means for securing the base frame comprises a hook to engage the support frame.
- 5 23. The treadmill of Claim 10, wherein the motor frame has a front end and a rear end, the first pivot line being along the front end of the motor frame, and the second pivot line being along the rear end of the motor frame.
24. A treadmill comprising:
- (a) a support frame having a base;
  - 10 (b) a motor frame pivotally attached to the support frame along a first pivot line; and
  - (c) a base frame pivotally attached to the motor frame along a second pivot line spaced from the first pivot line,
- wherein the base frame pivots from an unfolded configuration to a folded
- 15 configuration about the second pivot line.
25. The treadmill of Claim 24, further comprising a pivot spring located along the second pivot line, and wherein the pivot spring is loaded when the base frame is in the unfolded configuration.
26. The treadmill of Claim 24, further comprising a damper attached at a first end
- 20 to the base frame and at a second end to the base of the support frame, wherein the damper resists a downward force when the base frame is being lowered from the folded configuration.
27. The treadmill of Claim 24, wherein the base of the support frame has a front end and a rear end, the base further comprising at least one wheel located at the rear
- 25 end of the base support.

28. The treadmill of Claim 27, wherein the at least one wheel is raised above a bottom surface of the base of the support frame.

29. The treadmill of Claim 24, wherein the base frame further comprises a means for securing the base frame.

5 30. The treadmill of Claim 29, wherein the means for securing the base frame comprises a hook to engage the support frame.

31. The treadmill of Claim 24, wherein the motor frame has a front end and a rear end, the first pivot line being at the front end of the motor frame, and the second pivot line being at the rear end of the motor frame.

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